

The First Week of Lent

Sunday

Lord God, you who breathed the spirit of life within me. Draw out of me the light and life you created. Help me to find my way back to you. Help me to use my life to reflect your glory and to serve others as your son Jesus did.

Monday

Loving God, you call us back to you with all of our hearts. I feel your call for me deep in my heart and I know you want me back as much as I want to return. Please, Lord, give me the wisdom to know how to return. Make my journey back to you this Lent one of grace, forgiveness and gentle love.

Tuesday

Father of my soul, Mother of my heart, I know your love for me is limitless beyond imagining. You care for me as a loving parent. Through my smallest Lenten sacrifices, help me to become less selfish and more aware of your ways. Fan the flame of my desire to draw ever closer to you. Guide me to seek your love.

Wednesday

Dear Lord, I know you receive what is in my heart. Let me be inspired by your words and by the actions of your son, Jesus. Guide me to make sacrifices this Lent in the spirit of self-denial and with greater attention to you and to those around me. Help me to believe that you will grant me this because of the sacrifice Jesus made for me.

Thursday

Lord, I'm not always eager to do your will. I'd often much rather do my own will. Please be with me on this Lenten journey and help me to remember that your own spirit can guide me in the right direction. I want to "fix" my weaknesses but the task seems overwhelming. But I know that with your help, anything can be done. With a grateful heart, I acknowledge your love and know that without you, I can do nothing.

Friday

Creator of my Life, renew me: bring me to new life in you. Touch me and make me feel whole again. Help me to see your love in the passion, death and resurrection of your son. Help me to observe Lent in a way that allows me to celebrate that love. Prepare me for these weeks of Lent as I feel both deep sorrow for my sins and your undying love for me.

Saturday

Loving God, Sometimes my heart turns in every direction except towards you. Please help me to turn my heart toward you, to gaze upon you in trust and to seek your kingdom with all of my heart. Soften my hardened heart so that I might love others as a way to glorify and worship you. Grant me this with the ever-present guidance of your spirit.